

### **Virtual Guest lecture on 27<sup>th</sup> May 2022**

**Objective:** World No Tobacco Day is celebrated every year on 31<sup>st</sup> May every year to draw global attention to the tobacco epidemic and the preventable death and disease it causes. On this day, Dept. of Public Health Dentistry Swami Vivekanand Swami University had organized Virtual Guest lecture for BDS students on the topic “Tobacco & Oral Health” on **27<sup>th</sup> May** by Dr. Pawan Gupta.

He talked about how tobacco is effecting our health and said everyone thinks that tobacco can only cause lung cancer, but the fact is that smokeless tobacco is the main cause of the most common cancer (amongst males) in India. Tobacco contains more than 70 chemicals that can independently cause cancer. It not only effects your mouth but also your throat, food pipe, wide pipe, stomach, and lungs. Additionally, tobacco use is a significant risk factor for cardiovascular and respiratory diseases and other debilitating health conditions.

**Total participants-83**

**Total Number of students participated: 78**

**Total Number of Faculty participated: 05**

Please Find the Live Video Link-

<https://www.youtube.com/watch?v=5wEfXkCmreo>

## Subharti Dental College & Hospital

### "Tobacco and Oral Health" (World No Tobacco Day)

#### GUEST LECTURE

#### Date & Time

 May 27<sup>th</sup>, 2022

 09:00 am onward



**Dr Pawan Gupta**

M.S., M.Ch. (Onco-Surgery)



**Atul Krishna**  
Founder Subharti Group



**Late Dr. Mukti Bhatnagar**  
Founder Subharti Group



**G.K. Thapliyal**  
Vice Chancellor



**Prof. (Dr.) Shalya Raj**  
CEO



**Dr. Nikhil Srivastava**  
Principal & Dean



**Dr Sanchit Pradhan**  
Incharge Public Health Dentistry




**Subharti Dental College & Hospital**  
in collaboration with  
**Maternminds - The Students Club @SDC&H**  
and Environment Committee, SVSU





**Theme: "Tobacco: Threat to  
our environment"**




**LET'S COMMIT TO QUIT TOBACCO**

**WORLD**  
**N**   
**TOBACCO**  
**DAY**

**31st May'2022**






## Subharti Dental College & Hospital


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CSD




**Dr. Nikhil Srivastava**  
Principal & Dean



**Dr. Sanchit Pradhan**

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## GUEST SPEAKER


### Dr. Pawan Gupta

M.S., M.Ch. (Onco Surgery), FSOG, FAIS,  
Director HN- Cancer Surgeon,  
Max Institute of Cancer Care, Vaishali,  
Founder- ICanCare, Course Convenor and  
Master Trainer for Certified Tobacco Cessation  
Course)


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**MAX Healthcare**



**Dr. Pawan Gupta**  
M.S. M.Ch. (ONCO-SURGERY), FSOG, FAIS

9811290152  
drpawan.oncosurgeon@gmail.com

Friday, May 27, 2022



**iCanCaRe**  
Let's Tackle Cancer .ORG

**Bio Sketch: Dr Pawan Gupta**

**Professional Summary**

- More than 11000 cancer surgery
- Director: MAX INSTITUTE OF CANCER CARE
- Founder: Innovative Cancer Care and Rehabilitation
- Member, Executive Committee, Telemedicine Society India
- Sr. Vice Chairman: I CAN WOH Foundation
- UICC: Global Cancer Control Community
- Member National Scientific Committee Addiction Prevention (NSCAP)
- Rotary Action Group- Addiction Prevention (RAG-AP) Nominated 7/3/2021
- Member NTPC Cancer Prevention and Treatment Advisory Committee (2020-21)
- Life Member the Millennial India International Chamber of Commerce, Industry & Agriculture (MIICICIA)

**Author & Course Convenor**





- Author: Win Over Tobacco Made Easy, Be Smart Do Not Start, Tobacco Cessation – A Comprehensive Guide, Freedom from Slavery, Making an Institute Tobacco Free
- Course Convenor and Master-Trainer for India's 1<sup>st</sup> Gujarat University Accredited Tobacco control Courses – CTCs, OCTC, Tobacco Marshal

**Awards & Recognitions**


- Awards - ICD International Award in 2007,
- Vivekananda Sister Margaret Award 2017 and Delhi NGO leadership Award 2017,
- JHCS award 2018,
- Asia Africa Leadership in Social Innovation 2019,
- MICC Innovation Award 2019, Rastriya Prabasi Odia Paribar Award 2019

**Campaigns**


- #SAVEtheyouth #ChotaDaana #winvertobacco #iCanWin #BeCarefulnottoeatit #BeCarefuland #CATCHTHEM EARLY


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**Dr. PAWAN GUPTA M.Ch.**

**NICOTINE – THE CAUSE OF ADDICTION!**

**DOPAMINE REWARD PATHWAY**



**Pharmacodynamic Effects of Nicotine**

**Central nervous system**

- Pleasure
- Arousal, enhanced vigilance
- Improved task performance
- Anxiety relief


**Cardiovascular system**


- Increased Heart rate
- Increased Cardiac output
- Increased Blood pressure
- Coronary vasoconstriction
- Cutaneous vasoconstriction




**Other**


- Appetite suppression
- Increased metabolic rate
- Skeletal muscle relaxation

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Dr. PAWAN GUPTA M.Ch.


**Subharti Dental College & Hospital**  
Swami Vivekanand Subharti University, Meerut




Presented to

**Dr. Pawan Gupta**

for delivering a 'Guest Lecture' on the topic  
"Tobacco and Oral Health"  
May 27<sup>th</sup>, 2022.

  
Dr. Sanjay Prashant  
In-charge  
Public Health Dentistry

  
Dr. Nikhil Srivastava  
Dean & Principal  
Subharti Dental College of Hospital

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Dr. PAWAN GUPTA M.Ch.

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“Tob



Subharti University

09:00 am



Dr. ATUL KRISHNA




[Late] Dr. MUKTI BHATNAGAR



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Founder Subharti Group



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Founder Subharti Group



G.K. Thapliyal  
Vice Chancellor



Prof. (Dr.) Shalya Raj  
CEO





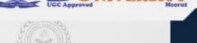
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Dr. S


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Subharti University



Dr. SHALYA RAJ  
Chief Executive Officer



Dr. G.K THAPLIYAL  
Vice Chancellor

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